

**1968-1972 GM A-Body Rear Upper Control Arms**  
Item # 4016



Item Includes-

- (1) Installation Instruction Sheet

1. Jack up rear of vehicle to a good working height, make sure both rear wheels are off the ground. Place (2) jack stands under the frame. **Do not Support by rear axle.** Place jack under the rear end center and place slight upward tension on the rear end.
2. Install control arms one side at a time, removing both control arms at once will allow rear axle to shift forward making the install more difficult.
3. Locate driver's side upper control arm. Using 18mm wrenches/socket remove both front and rear control arm bolts, remove control arm from vehicle. If control seems difficult to remove, use jack to move the rear end in up and down movements to help ease removal. **Note:** If you are installing new rear end housing bushings, this procedure should be completed now. A torch is recommended to ease removal of old bushings.
4. Locate a new control arm. It is recommended to lube the bushing surfaces of the new control arms before install. Use the supplied grease packet and place a heavy coat of grease on the outside surface of each bushing. Install control arm into place with the grease fittings angled up towards the floor board. Do not tighten bolts yet, the vehicles weight must on the rear axle before tightening to prevent bushing preload. The grease placed on the out side surface of the bushings will help ease control arm into place and prevent bushing damage.
5. Repeat steps 3 and 4 on passenger side.
6. Jack up vehicle by rear axle, remove jack stands from frame and placed under rear. Release the jack and let the vehicle weight rest on the jack stands.
7. Tighten all (4) mounting bolts and lube each grease fitting with 1-1 ½ pumps of grease only. Recommended torque spec on upper control arms is 72 ft lbs.

Greasing Your Control Arms- Use marine type grease, marine type grease can not be washed away with water. Grease your control arm bushings 2-3 times a year adding only 2-3 pumps of grease, **DO NOT OVER GREASE.**

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UMI Performance Inc.  
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