

1982-2002 GM F-Body Adjustable Lower Control Arms
Item # 2018



Note: Control arms are assembled and shipped set to factory length, however double checking the measurements is recommended.

1. Jack up rear of vehicle to a good working height, make sure both rear wheels are off the ground. Place (2) jack stands under the frame. **Do not Support by rear axle.**
2. Install control arms one side at a time, removing both control arms at once will allow rear axle to shift forward making the install more difficult.
3. Using 18mm wrenches/socket remove both front and rear control arm bolts, remove control arm from vehicle.
4. Place the new adjustable lower control arm on top of the OEM control arm removed. Set the adjustable control arm to the length the OEM control arm. We recommend running the adjustable lower control arms at stock length. If adjustment is needed the adjuster can be turned to shorten or lengthen the control arm once it is installed on the vehicle. To adjust length, loosen both jam nuts, screw adjuster clockwise or counter clockwise to shorten or lengthen lower control arm.
5. Install the lower control arm into place. Do not tighten bolts yet, the vehicle's weight must on the rear axle before tightening to prevent bushing preload.
6. Repeat steps 3 - 5 on opposite side.
7. Jack up vehicle by rear axle, remove jack stands from frame and place under rear axle. Release the jack and let the vehicle weight rest on the jack stands.
8. Tighten all (4) mounting bolts. Recommended torque spec on lower control arms is 72 ft lbs.
9. Adjusting you lower control arms- Lower control arms can be adjusted while on the car, loosen each jam nut, place a 1" wrench on the adjuster of the bar and turn for proper length. Once desired length is set tighten each jam nut.

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82-02 GM F-Body On-Car Adj. Control Arms

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