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Installation Instructions

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Tubular Upper Control Arms Item #1016





Box Contents:

- (1) Installation Instruction Sheet
- (2) #1016 Upper Control Arms
- (4) Polyurethane Bushings
- (2) Steel Sleeves
- (2) Zerk Fittings
- (1) Packet Pre-Lube (#9.11108)

Applications:

* 1979 – 2004 Ford Mustang (Excludes 1999 – 2004 Cobra)

- 1. Jack up rear of vehicle to a good working height, making sure both rear wheels are off of the ground. Place (2) jack stands under the frame. **Do NOT** support the vehicle by the rear axle.
- 2. Using a jack, apply slight upward pressure on the center of the rear axle.
- 3. Install the upper control arms one side at a time. Removing both control arms at once will allow the rear axle to shift forward, making the installation more difficult.
- 4. Locate the OE driver side upper control arm. Using 18mm wrenches/socket remove both from an rear control arm bolts, then remove the OE control arm from the vehicle. If the control arm seems difficult to remove, use the jack to move the rear axle up and down slightly to ease the removal of the control arm. **NOTE:** If you are installing new rear end housing bushings, this procedure should be completed at this time. A torch is recommended to ease removal of old bushings.
- 5. Locate a UMI control arm. Apply a small amount of pre-lube to the outer bushing surfaces of the UMI control arm to ease the installation. Install the new control arm with the Zerk fittings angled upward toward the floor board. **Do NOT** tighten the bolts at this time. To prevent bushing preload, the vehicle's weight MUST be applied to the rear suspension.
- 6. Repeat steps 4 & 5 on the passenger side.

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- 7. Jack up the vehicle by the rear axle at this time. Remove the jack stands from the frame and reposition them under the rear axle, and then release the jack, letting the vehicle rest on the jack stands.
- 8. Tighten all (4) mounting bolts and lubricate each Zerk fitting with 1-1 ½ pumps of grease only. Recommended torque spec on the upper control arms is 72 ft lbs.

<u>Greasing Your Control Arms</u> – Use a marine type grease. Marine type grease cannot be washed away wih water. Grease the control arm bushings 2-3 times a year, adding only 1 pump of grease. **Do NOT** overgrease.

Item # 1016

Tubular Upper Control Arms

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