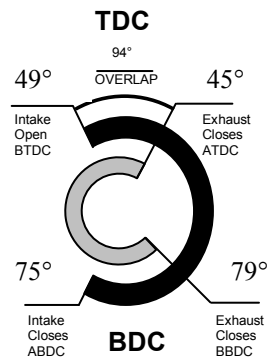
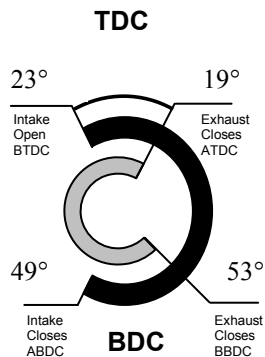


Engine: Ford 2.3
Grind: 304
Rocker Ratio: 1.65

Lobe Separation: 105
Degree Intake to: 103



Intake Valve Lift: 0.450
Intake Duration: 304
Exhaust Valve Lift: 0.450
Exhaust Duration: 304



Intake Cam Lift: 0.275
Intake Duration @ .050: 252
Exhaust Cam Lift: 0.275
Exhaust Duration @ .050: 252

Recommended Spring Pressure

200-220 Open – 100-110 Closed

Cam Shaft Installation and Break-In Instructions

- 1) Coat Camshaft with Special Supplied Break In Lube Before Installation into the Head
- 2) When Installing a New Cam Shaft Always Install a New Set of Rocker Arms (Padded Rockers Are Preferred)
- 3) Check Valve Springs for Coil Bind. Check Retainer to Valve Guide Clearance (Minimum of 0.200" With the Valve Open)
- 4) Clearance Between the Retainer and the Valve Seal Should Be a Minimum of 0.050"
- 5) Piston to Valve Clearance Should Be a Minimum of 0.090"
- 6) Do Not Idle Engine Below 2000 RPM for the First 15 Minutes, to Ensure Proper Lubrication of the Camshaft and Lifters